

## IDTIA ADVANCED PROFESSIONAL TRAINING IN DANCE MOVEMENT THERAPY

### SUMMARY OF STRUCTURE, FEES AND DATES for 2020-2021

#### **Course structure: Overview**

The IDTIA Advanced Clinical Training (ACT), is made up of either the IDTIA Certificate or the Foundation Course in Dance Movement Therapy with the Advanced Professional Training (APT).

The IDTIA Advanced Professional Training is highly experiential and supported by theoretical teaching (reading and writing), fieldwork and supervision. All three elements must be completed in order for a trainee to attain IDTIA Advanced Clinical Training recognition.

The IDTIA training is PACFA Accredited until 30/12/2019. In April, 2018 PACFA introduced the Training Standard requirement that all PACFA Accredited courses be registered with the Australian Skills Quality Authority (ASQA). IDTIA are currently completing this process of registering their training course with ASQA. For the interim period IDTIA have secured a transitional agreement with PACFA, specifically and only for the cohort of trainees who complete the 2020-2021 IDTIA APT training, that:

- they will be eligible to apply for PACFA registration via DTAA as the PACFA MA (Member Association);
- they will not be required to apply for PACFA registration via the Recognition of Prior Learning (RPL) pathway;
- they will have until 31/12/2023 to apply for PACFA Provisional Registration via DTAA and there is no deadline after this date to upgrade to PACFA Clinical Registration.

#### **Advanced Professional Training Course Structure**

This is a **once off** streamlined course to assist all trainees to complete the IDTIA ACT Course and meet DTAA requirements of 250 hours of training and 80 client contact and 20 supervision hours for DTAA Provisional Professional Membership within a time-frame that assists you to satisfy all requirements and apply for PACFA Provisional Membership by 31/12/2023.

The coursework curriculum will be specifically designed to meet:

- the 250 training hours with 80 client contact and 20 supervision hours required by DTAA for Provisional Professional Membership;
- DTAA DMT Competencies;
- PACFA Training Standards 2014 required by the PACFA Grandfathering Arrangement with PACFA MA's;
- the 400 training hours (200 synchronous and 200 asynchronous) required by PACFA Training Standards 2018.

Following are the fundamentals of the APT course. Once IDTIA know how many trainees will enrol and their geographical locations, details of the course will be determined.

### Pre-Requisite for Acceptance into the APT:

- Completion of the IDTIA Foundation Course (FC), IDTIA Certificate or equivalent;
- Completion of a course in Counselling or other/equivalent psychotherapeutic relational training (minimum of 30 hours);
- Associate Membership of DTAA;
- Students should demonstrate a capacity to understand and practice ethical behaviour and follow the DTAA (Dance Therapy Association of Australasia) Code of Ethics & Rules of Professional Conduct; this is an integrated part of the dance therapy practice.

**Dates: April 2020 - April 2021**

### Course Requirements:

The IDTIA APT will consist of the synchronous and asynchronous learning opportunities listed below.

<b>1. Two intensive modules of 3 days each</b>	<p><b>Module One:</b> Friday 19th June - Sunday 21st June 2020</p> <p><b>Module Two:</b> Oct -Nov 2020 (dates to be confirmed) <i>Currently the training hours accrued are either 200 (Certificate Course holders) or 208 (Foundation Course holders). The remaining training hours (50 or 42 respectively) to complete the DTAA requirement of 250 training hours will be structured within TWO modules of 3 days each ~ Friday, Saturday, Sunday of 7 study hours each day (i.e.: 21 hours x 2 = 42). Certificate holders will be required to complete 8 hours of additional training, in courses approved by DTAA, in order to meet the 250 hours of training required for DTAA Provisional Professional Membership.</i></p>
<p><b>2. Written Work: Two</b></p> <p><b>Assignments-</b></p> <p><b>Module Short Papers-</b></p> <p><b>One Practice Report-</b></p>	<p>- Between 2,500-3,000 words each</p> <p>- 2-4 short papers (one page each)</p> <p>- 1-2 pages</p>
<b>2. Self-Initiated Fieldwork</b>	60 client contact hours (80 hours in total, 2 populations)
<b>3. Supervision Module</b>	<p>At least 20 supervision hours</p> <p>a. 12 x 2 hour group Supervision sessions will be held once a month, commencing the week of April 20<sup>th</sup> 2020</p> <p>b. At least one on-site visit</p>

<b>4. Dyads</b>	20 hours + 6 Self-Observation Indices
<b>5. Peer Study Groups</b>	3 small group sessions on dance therapy concepts of 2 hours each and 3 short papers (2-3 pages) on the concepts explored
<b>6. Participation in Dance Classes</b>	Maintain a log of 20 hours of participation in Creative/ Therapeutic/ Expressive dance classes

*In any interim period between the completion of the Foundation or Certificate Course and the commencement of the Advanced Professional Training, applicants are expected to be facilitating an on-going dance therapeutic group, approved by IDTIA as a clinical or special education and needs population, or provide information of a plan and timeline to do so prior to acceptance into the supervision module.*

*Secondly, it is expected that the prospective applicant continues with their practice of dance and that this dance practice continues during the Advanced Professional Training.*

A prospective trainee who does not meet the entrance criteria as stated but feels that a case can be made for their inclusion in the programme is invited to speak with one of the IDTIA APT Sub-committee.

#### Extended weekend Intensive Modules 7- 8:

Both Victorian and interstate students are required to attend the Module 7 and 8 intensives in Melbourne.

### **FIELDWORK AND SUPERVISION MODULE**

*Dr Marcia Leventhal writes that supervision provides “guidance, support, clarification, objectification and gentle confrontation of own issues, and counter transference items.”*

The trainee will be responsible for organising their own dance therapy fieldwork, which may be voluntary or paid. The trainee facilitates their own special education needs/dance therapy group to be supervised in the IDTIA supervision module. For the purposes of the IDTIA Advanced Professional Training, client groups do not include personal growth groups. Students are asked to check with the supervisor or APT coordinators on the suitability of their client group.

**The IDTIA Advanced Professional Trainee will complete a total of 80 (20 FC + 60 APT) hours of fieldwork, with two distinctly different populations, and 21+ (1 FC + 20 APT) hours of supervision in total.**

The first 20 hours (10 x 2-hour sessions) of fieldwork has been completed in the Foundation or Certificate Course training.

The 60 remaining hours of fieldwork practice (80 in total with 20 FC hours) is allocated for trainees to facilitate their own group with regular IDTIA supervision. These 60 hours include client contact hours with two different health and special education needs or clinical populations. It is envisaged that trainees will commence this second, different population within the first six months of the course. For this second population up to 3 contact hours can be for observation and preparation.

Accompanying the 60 hours fieldwork practice, Advanced Professional Trainees will receive **at least 20 hours** of DMT supervision including 1- 2 **on-site visits**. The trainee will receive this supervision from an IDTIA appointed dance movement therapist, the cost of which is included in the Course fees; this does not include travel expenses. IDTIA may include some further supervision hours within the advanced coursework modules which can be claimed as “other IDTIA Supervision”.

The Victorian trainees will receive supervision from an IDTIA appointed dance therapist in Melbourne. This supervision group will commence in the week beginning April 20<sup>th</sup> 2020 (at a day and time determined by the supervision group). Trainees must have started with their first population. This supervision group will meet for 12 months. Supervision after this period will be at the trainees own expense. The trainee is required to continue supervised practice until all 80 fieldwork hours have been completed. A trainee who misses a supervision session will be required to make this up at their own expense. All fieldwork and supervision hours need to be fully documented.

IDTIA can organise supervision training for interstate trainees. Information about further planning for interstate trainees is dependent on location, numbers and staff personnel.

IDTIA does not have insurance cover for trainees on fieldwork placements where there is no appointed dance movement therapist on-site to work alongside the trainee. At this stage and, when in paid work, the trainee will need to arrange their own insurance cover. The DTAA website ([www.dtaa.org.au](http://www.dtaa.org.au)) provides information about dance therapy insurance.

### **Assessment:**

The Advanced Professional Training in Dance Movement Therapy is awarded upon attendance of both Modules, satisfactory completion of all course work, assignments, short papers, practice report, dyads, attendance and presentation at peer study group meetings, completion of dance therapy fieldwork and supervision and log of participation in dance classes.

### **Other expectations**

The dance therapy training can be quite vigorous physically, mentally and emotionally. The IDTIA takes no responsibility for any personal, mental health or medical condition that may arise during training. Any prior difficulties in mental health or physical condition are to be discussed with IDTIA teaching staff before the Advanced Professional Training programme commences and any emerging difficulties to be reported to the training team during the Advanced Professional Training programme. Trainees are expected to have a dance practice that enables them to dance/move and do the physical exercises that are facilitated during the Advanced Professional Training. If trainees anticipate they may have any difficulties with the dance/movement component of the Advanced Professional Training coursework, it is recommended they discuss this with the Advanced Professional Training faculty prior to commencement of the programme.

**Proposed Course dates:**

On-going Fieldwork and Supervision Module and peer study groups to commence April 2020

Module 7 19, 20, 21, June 2020

Module 8 Oct/Nov 2020 to be confirmed

IDTIA reserves the right to make changes to the timetable if required for venue or other purposes.

**Fees & Refund Policy**

This is a flexible, pay as you go course to accommodate the various needs of trainees.

**Costs:**

The total of the Advanced Professional Training will be \$10,000 payable over the 12 months of the course. This includes the tuition fee for two modules and all supervision and on-site supervision sessions, administration and co-ordination costs.

Related costs such as travel; expenses associated with peer study groups meetings, dyads, and any external supervision with another professional/dance therapist; and professional indemnity insurance are not covered and must be met by the student.

**If you wish to apply to the IDTIA Advanced Professional Training (APT) 2020-2021 please fill out and return the Expression of Interest Form by 31<sup>st</sup> January, 2020.**

**Return to Karen Nankervis, IDTIA Administrator:  
admin@idtia.org.au**

**When received you will be forwarded the Advanced Professional Training Application Form by early February 2020.**

**The Advanced Professional Training Application Form is then due by 29<sup>th</sup> February, 2020 with an \$850 enrolment deposit fee.**

If the applicant is not accepted into the course the enrolment deposit is refunded in full. In all other circumstances, with the exception of delay or cancellation of the Course, this deposit is non-refundable

Fees may be paid by:

1. money order or cheque payable to IDTIA and sent to Karen Nankervis.
2. by direct transfer (see details at the end of this form).

The enrolment deposit fee is due with your APT Application Form by 29<sup>th</sup> February, 2020

**Commencement of each module of the course is subject to sufficient numbers enrolling.**

## **IDTIA Faculty:**

<b>Dr Marcia Leventhal</b>	Supervision Consultant PHD in Clinical Psychology; CMA (Certificated Movement Therapist); NCC, Founding Director of Diploma Education and Training, IDTIA
<b>Jane Refshauge</b>	BA Psych <i>Melb Uni</i> , MFA Performance & Acting NYU, Dip DMT IDTIA, MPS (Psychoanalytic Studies) <i>Monash Uni</i> MAPS (Member Australian Psychological Society), AUSTAT (Member Australian Society of Teachers of the Alexander Technique), DTAA (DMT Prof) Reg: 207-03 , PACFA Reg 20545 Clinical
<b>Angela Kastanis</b>	Prof Member DTAA, PACFA Reg. Provisional, Dip DMT (IDTIA), Senior Yoga Teacher (Yoga Australia), BA, DipEd, Post Grad TESOL
<b>Maeve Larkin</b>	DTAA (DMT Prof) Reg:209-01 B. Ed. <i>Victoria College</i> , IDTIA, Dip. DMT, Dip Counselling AIPC, PACFA. Reg,22126
<b>Fran Ostrobrski</b>	Prof Member DTAA, DipDMT (IDTIA), BA Monash Uni, DipSocStud Melb Uni, Creative Dance <i>Mangala</i> , Yoga Teacher Training AYTTC

## **IDTIA Visiting Lecturers:**

<b>Elizabeth Loughlin</b>	AASW, Prof Member DTAA, MA, Creative Arts Therapy <i>La Trobe</i> , BLitt (Hons) Perf. Arts <i>Deakin</i> , BA, Dip Soc Stud <i>Melb</i> , Dip DMT <i>IDTIA</i>
<b>Anna Schlusser</b>	Dip DMT <i>IDTIA</i> , Med Adv Movt Stud <i>Melb Uni</i> , Dip Ed Movt & Dance <i>London Uni &amp; Laban Centre</i> , Grad Dip Movt & Dance <i>Melb Uni</i> , Dip Early Childhood Education <i>KTC, WA</i> , Reg Primary Teacher (Vic), Prof Member DTAA
<b>Sandra Lauffenburger</b>	M.Sc. B.Ed. B.Soc.Sci.(Hons Psych) Grad Dip (Adult Psychotherapy) Dip (DMT), Registered Psychodynamic Psychotherapist PACFA No. 020209, Registered Dance Movement Therapist DTAA (Prof DMT) Reg. 203-01, Certified Laban Movement Analyst LIMS
<b>Virginia Woods</b>	Bachelor of Arts (Psychology) University of Sydney, Post Graduate Diploma of Psychology University of Queensland. Registered psychologist, Member of the Australian Psychological Society (MAPS), Graduate Diploma in Rehabilitation Counselling, Graduate Diploma of Dance-Movement Therapy (IDTIA), Masters of Expressive Arts Therapy (MIECAT)
<b>Tracey Nicholson</b>	B.Ed, Dip Dance/Mvmt Therapy, Dip Contemporary Pilates & Training, Cert Pilates Based Post-Acute Rehabilitation, Grad Cert Movement Based Somatic Therapy, Cert IV TAE, Registered Dance Movement Therapist PACFA, Dance Movement Therapist DTAA, Pilates Practitioner Leve 4 APMA
<b>Alice Owen</b>	LACST SPA CPSP Qld Registration, ADA Performing Arts (Lismore CAE), Graduate Diploma Movement and Dance (MelbUni), Diploma in Dance-Movement Therapy (IDTIA) DTAA
<b>Beatrice Lucas</b>	M.Ed Dance Education (MelbUni), Diploma in Dance Movement Therapy (IDTIA)
<b>Sally Denning</b>	Prof. Member DTAA, Masters in Ed (Dance Movement Therapy), Grad Dip Movement and Dance, Grad Cert Dance Therapy, Grad Cert Leadership in Education & Training, B. Ed, Certificate in Play Therapy, Certification in Choice Theory Counselling. Currently completing a PhD in dance movement therapy
<b>Elizabeth Mackenzie</b>	Ass Member DTAA, Diploma in Dance Movement Therapy (IDTIA)

**If you are interested in applying to the  
IDTIA Advanced Professional Training Course 2020-2021  
please forward this Expression of Interest form to:**

**IDTIA administrator: Karen Nankervis**

Email: [admin@idtia.org.au](mailto:admin@idtia.org.au)

Mobile: 0407 261927

**IDTIA Convenor: Maeve Larkin**

Email: [maevelarkin001@gmail.com](mailto:maevelarkin001@gmail.com)

Mobile: 0405 564 985